OCCUPATIONAL THERAPY

Occupational Therapy (OT) involves the therapeutic use of everyday life activities (occupations) with individuals, groups, communities, and populations to optimize independence, quality of life, and participation in valued life roles. VA’s over 2,000 occupational therapists and certified occupational therapy assistants provide Veteran-centric, evidence-based care by addressing the physical, cognitive, psychosocial, and environmental factors that impact Veterans’ function and quality of life.

OT services and contributions span VA health system, encompassing a wide spectrum of health conditions and specialty areas:

- Aging in Place/Home Safety
- Amputation
- Assistive Technology
- Mental Health
- Cancer Rehabilitation
- Caregiver Support Program
- Chronic Disease Management
- Drivers’ Rehabilitation
- Geriatrics
- Hand Therapy
- Health promotion and coaching
- Home-based Primary Care
- Homelessness
- Pain Rehabilitation
- Seating and Mobility
- Spinal Cord Injury/disorders
- Brain Injury
- Vision loss/low vision

Ask for OT!

For more information at: www.rehab.va.gov/pmrs/Occupational_Therapy.asp
Last Updated: January 2024